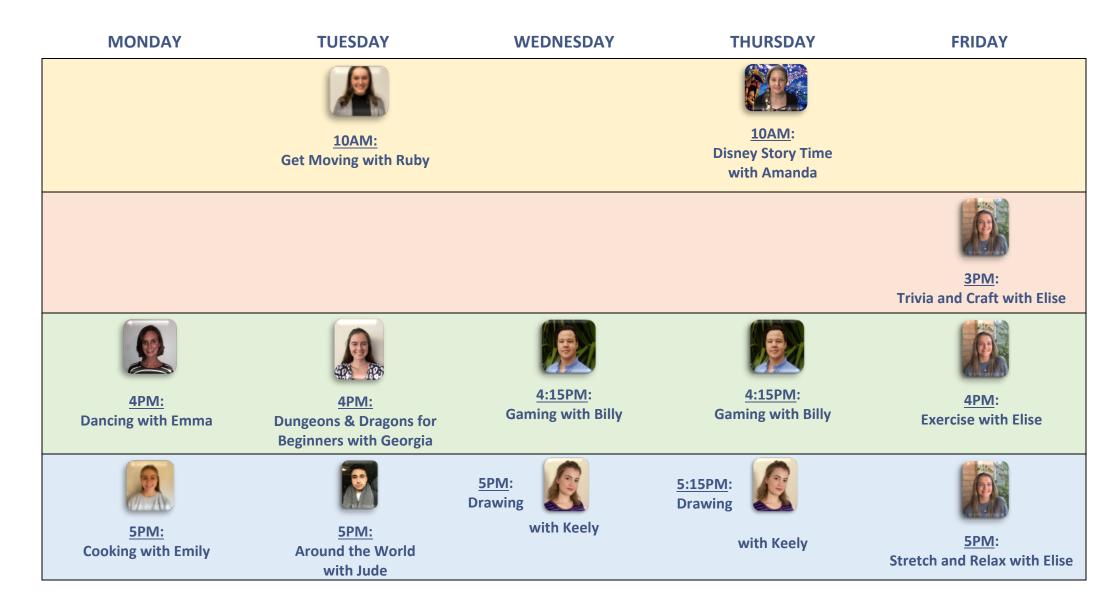


ExtendABLE Online: Term 1



Extended Families

| About our Sessions | | | | | |
|--------------------|--|---|--|-------------------------------------|--|
| | Around the World with Jude | Do you love history as much as we do?! Come along and join Jude to learn all about the different countries, cultures, cuisines, interesting facts and so much more! Come join the fun! | | All Things Gaming with Billy | All Things Gaming is a social group for those interested in discussing and playing games across all consoles and devices. Each week we unpack the latest gaming news, review our favourite games, and complete construction challenges in Minecraft. Look forward to seeing you online! |
| | Dungeons & Dragons for Beginners with Georgia | Dungeons and Dragons Delight is beginner-friendly, cooperative adventure game filled with fun, imagination and excitement! Join Georgia to create your own character, select a quest and get lost in the world of storytelling. People of all experiences are invited to play and decide their fate in a world we build together. | | Disney Story Time with Amanda | This will be a visual extravaganza delivered by a true Disney fan (and our very own Volunteer Coordinator). Star Wars fans are invited to delve into a different Disney fantasy each week - and to join in with a dress up if they so inclined. Stories will be followed by quizzes and games. |
| | Drawing with Keely | Join Keely in these fun and interactive drawing classes. Surprise family and friends as you produce both cartoon and life-like works of art each week. Don't worry about how much drawing experience you have as this session caters to all abilities. | | Trivia and Crafts with Elise | There's never a dull moment in the Trivia and Crafts session! Test your wits with some fun and interactive quizzes & online games. Join in on conversations about interesting topics. Best of all, you'll make new friends as you catch up your peers in these weekly sessions. |
| | Cooking with Emily | Roll up your sleeves and get ready to make some easy yummy snacks! This class will help you to increase your confidence by practicing and grow your cooking skills in a fun environment! | | Exercise with Elise | Stay active and strong by doing a workout with friends. We all know it can be hard to get up and get moving, but if it means you get to catch up with friends and have fun while you do it, this is exercise you'll look forward to. |
| | Dancing with Emma | Join Emma and get your boogie on while dancing to your favourite songs! Be sure to come with a water bottle as you'll be sure getting your heart pumping in this active and fun-filled session. | | Stretch and Relax with Elise | Enjoy some soft, tranquil music, gentle stretching, and fun breathing exercises to help relax and re-focus. These easy and calming activities will help you to strengthen and centre your body and ultimately, relax! |
| | Get Moving with Ruby | Believe in the power of music, movement, and dance to improve your physical and mental health and bring you joy! It doesn't matter if you are a beginner or on the more experienced side, you can go at your own pace, build confidence and develop your fitness! | | | |